

# JACKIE STILES' COLLEGIATE SKILLS CAMP

## *How Good Do You Want to Be?*

How did Jackie Stiles, a small town Kansas girl who stood only 5 feet 7 inches tall, become the All Time Leading Scorer in the History of Women's College Basketball?

For sure, her legendary **work ethic** played a vital role, but Jackie also relentlessly studied the game of basketball and developed **innovative practice strategies** to allow her, as an offensive player, to "create space" against larger and more athletic opponents. Through many hours of trial and error, Jackie developed practice routines that led to a regimen that, in time, allowed for the **muscle memory** that made all those great moves she executed on the biggest stages in women's basketball look natural, almost easy. Don't be fooled. There was nothing "natural" or "easy" about the development of Jackie Stiles, the basketball player. Her legend may have been validated under the bright lights of the NCAA Final Four and the WNBA, but her skills were forged by hours of toil in countless empty, small town gymnasiums across Kansas and Missouri, with nothing but sweat for a companion.

The motto of the Jackie Stiles Collegiate Guard Skills Camps is, "***Inspiration Through Knowledge.***" This mission statement was not chosen at random, but developed after many hours of thought. So many basketball players say, "I want to get better, but I don't know how." **Jackie will show you how.** You will leave camp with a **written practice plan**, individualized to your own specific needs and circumstances. The sense of empowerment you feel will be impacting. The light will come on and you will say, "**I can do this.**"

Success is relative and improvement can be measured in varying degrees. Jackie's system will work for any young lady who wants to raise her game to a higher level. How high can your game soar? **It is up to you.**

## **Who Should Attend the Jackie Stiles Collegiate Skills Camps?**

**Send us only players with a burning desire to improve as opposed to the self centered athlete, who although blessed with great talent, displays a constant lack of commitment, much to the never ending torment of her coach. The basketball world is full of unfulfilled talent. Poorly motivated athletes will not flourish, nor find benefit in our system.**

----- detach and mail in -----

## **Coach's Program**

Coaches are welcome to attend any session beginning with the Summer of 2011. A fee of \$150 will be assessed to each coach in attendance. Multiple coaches from the same staff will be assessed a fee of \$100. This fee will help us pay for the binder of printed material we provide each coach. Please fill out the form below and return by e-mail or regular mail to Dave Almany, PO Box 20501, St. Louis, MO 63139 or [jackie.stiles@lickingcamps.com](mailto:jackie.stiles@lickingcamps.com). You will receive a confirmation e-mail upon receipt.

Coaches Name \_\_\_\_\_ Title \_\_\_\_\_ College \_\_\_\_\_

Cell Phone \_\_\_\_\_ E-mail Address \_\_\_\_\_

Camps You wish to attend (date and location) \_\_\_\_\_

Enclosed is the \$150 fee (\$100 for each multiple coach from same staff) \_\_\_\_ yes \_\_\_\_ no

List names of additional coaches: \_\_\_\_\_